



West Ottawa Summer Skate 2010

STARSkate & Competitive

Registration information

West Ottawa Summer Skate is a joint venture of the Glen Cairn, Goulbourn and March Kanata Skating Clubs. Sessions will be held Tuesdays through Fridays at the Bell Sensplex in Kanata.

If you need further information:

- www.glencairnsc.ca
- www.goulbournskatingclub.com
- www.marchkanataskatingclub.com

Due date for applications is May 20, 2010. A late fee of \$25 will apply if received after that date.

Applications will be processed on a first come first served basis, so apply early.

Payments: A deposit of 50% accompanied by a post-dated cheque for the balance dated June 20, 2010

Make cheques payable to West Ottawa Summer Skate (WOSS). NSF cheques will be subject to a \$25 administration fee.

Mail applications to:

Ali Halket
510 Bryce Place
Stittville, ON
K2S 0N2
e-mail: registrar.woss@live.ca

Confirmation of your skating dates will be e-mailed to you at the end of June.

- Please arrange for lessons and choice of skating days with your coach before returning this form.
- To balance the number of skaters on the ice, skaters' test levels for freeskate, dance and skills and the dates passed will be used.
- If you have a special request, include a note with your application form. Requests will be referred to the admissions committee. Skaters will be informed of decisions in the June mailing. If you are carpooling and need the same schedule as another skater, please let us know.

Session Qualifications

Please note: There is no pairs skating allowed on freeskate sessions.

Senior: passed complete Senior Bronze Freeskate

Intermediate: Passed Preliminary Freeskate

Junior: No test requirements or restrictions. Private coach and figure skates are required.

If you have any questions as to which session your child should skate on, please ask your coach.

Off Ice Sessions:

Tuesday and Thursday:

Off-Ice Conditioning

Wednesday:

Dance Class

Off-ice training is mandatory for all Intermediate and Senior skaters who have chosen a daytime Freeskate session on Tuesdays, Wednesdays or Thursdays. The Off-Ice fee is included in the Freeskate fees.

Proper attire is required for off-ice. i.e.: running shoes, t-shirt, shorts, etc. Dance shoes for Wed. if you have them. Please indicate which Off-ice program you will attend.

Refunds

There will be no refunds without a medical/Doctors certificate. A \$25 administration fee will apply.

Guest skate fees for non-registered skaters:

Int/Sr. freeskate \$21	Jr. freeskate \$19
Dance \$11	Skills \$8
Stroking \$9	Spins/footwork \$10

Fridays only:

Hi Int/Sr. Freeskate \$19 Junior Freeskate \$16

Dance/Skills \$8

PLEASE BRING CORRECT CHANGE

Registration Policy

Please note West Ottawa Summer Skate reserves the right to change or cancel days and times depending on registration.

Test Day: August 19

Week 1 - July 5-9

Tues, Wed, Thurs - on Mattamy Rink		\$/day	Tues.	Wed.	Thurs.
10:15-11:15	Senior Freeskate	19.00			
11:15-11:45	Spins / Footwork	9.00			
11:45-12:05	Stroking	8.00			
12:05-12:15	FLOOD				
12:15-1:15	Intermediate/Senior Freeskate <i>can be purchased as 2nd FS \$17</i>	19.00			
1:15-1:45	Intermediate/Senior Dance	9.00			
1:30-2:30	Off-Ice	-			
1:45-2:05	Intermediate/Senior Skills	6.00			
2:05-2:15	FLOOD				
2:30-3:30	Off-Ice	-			
3:00-3:20	Junior Skills	6.00			
3:20-3:50	Junior Dance	9.00			
3:50-4:50	Junior Freeskate	17.00			

Friday - on Mattamy Rink		\$/day	Fri.
10:15-11:15	Hi-Int/Sr. Freeskate	17.00	
11:15-11:35	Skills/Dance Open	6.00	
11:35-12:35	Junior/Low Intermediate	17.00	

Week 1 Total: _____

Week 2 - July 12-16

Tues, Wed, Thurs - on Mattamy Rink		\$/day	Tues.	Wed.	Thurs.
10:15-11:15	Senior Freeskate	19.00			
11:15-11:45	Spins / Footwork	9.00			
11:45-12:05	Stroking	8.00			
12:05-12:15	FLOOD				
12:15-1:15	Intermediate/Senior Freeskate <i>can be purchased as 2nd FS \$17</i>	19.00			
1:15-1:45	Intermediate/Senior Dance	9.00			
1:30-2:30	Off-Ice	-			
1:45-2:05	Intermediate/Senior Skills	6.00			
2:05-2:15	FLOOD				
2:30-3:30	Off-Ice	-			
3:00-3:20	Junior Skills	6.00			
3:20-3:50	Junior Dance	9.00			
3:50-4:50	Junior Freeskate	17.00			

Friday - on Mattamy Rink		\$/day	Fri.
10:15-11:15	Hi-Int/Sr. Freeskate	17.00	
11:15-11:35	Skills/Dance Open	6.00	
11:35-12:35	Junior/Low Intermediate	17.00	

Week 2 Total: _____

Week 3 - July 19-23

Tues, Wed, Thurs - on Ottawa Citizen Rink		\$/day	Tues.	Wed.	Thurs.
11:00-12:00	Senior Freeskate	19.00			
12:00-12:30	Spins / Footwork	9.00			
12:30-12:50	Stroking	8.00			
12:50-1:00	FLOOD				
1:00-2:00	Intermediate/Senior Freeskate <i>can be purchased as 2nd FS \$17</i>	19.00			
2:00-2:30	Intermediate/Senior Dance	9.00			
2:15-3:15	Off-Ice	-			
2:30-2:50	Intermediate/Senior Skills	6.00			
3:15-4:15	Off-Ice	-			

Friday - on Ottawa Citizen Rink		\$/day	Fri.
11:30-12:30	Hi-Int/Sr. Freeskate	17.00	
12:30-12:50	Skills/Dance Open	6.00	
12:50-1:50	Junior/Low Intermediate	17.00	

Evenings:

Tues, Thurs - Ottawa Citizen Rink		\$/day	Tues.	Thurs
6:15-7:00	Junior Freeskate	13.00		
7:00-7:20	Skills/Dance Open	6.00		
7:20-8:05	Open	13.00		

Wednesday - Ottawa Citizen Rink		\$/day	Wed.
6:30-6:50	Junior Skills	6.00	
6:50-7:20	Junior Dance	8.00	
7:20-8:20	Junior Freeskate	17.00	

Week 3 Total: _____

Week 4 - July 26-30

Tues, Wed, Thurs Mornings		\$/day	Tues.	Wed.	Thurs.
	Tues - Mattamy, Wed, Thurs - Scotiabank				
10:45-11:45	Senior Freeskate	19.00			
11:45-12:15	Spins / Footwork	9.00			
12:15-12:35	Stroking	8.00			

Afternoons:

TUES / THURS	Ottawa Citizen Rink	\$/day	Tues.	Thurs.
12:45-1:45	Intermediate/Senior Freeskate <i>can be purchased as 2nd FS \$17</i>	19.00		
1:45-2:15	Intermediate/Senior Dance	9.00		
2:00-3:00	Off-Ice	-		
2:15-2:35	Intermediate/Senior Skills	6.00		
3:00-4:00	Off-Ice	-		

WEDNESDAY	Ottawa Citizen Rink	\$/day	Wed.
1:00-2:00	Intermediate/Senior Freeskate <i>can be purchased as 2nd FS \$17</i>	19.00	
2:00-2:30	Intermediate/Senior Dance	9.00	
2:15-3:15	Off-Ice	-	
2:30-2:50	Intermediate/Senior Skills	6.00	
3:15-4:15	Off-Ice	-	

FRIDAY	Ottawa Citizen Rink	\$/day	Fri.
12:00-1:00	High Intermediate / Senior Freeskate	17.00	
1:00-1:20	Open Skills / Dance	6.00	
1:20-2:20	Junior / Low Intermediate Freeskate	17.00	

Evenings:

TUES / THURS	on Direct Energy Rink	\$/day	Tues.	Thurs.
6:00-6:45pm	Junior Freeskate	13.00		
6:45-7:05pm	Open Skills/Dance	6.00		
7:05-7:50pm	Open	13.00		

WEDNESDAY	on Ottawa Citizen Rink	\$/day	Wed.
6:00-6:20pm	Junior Skills	6.00	
6:20-6:50pm	Junior Dance	8.00	
6:50-7:50pm	Junior Freeskate	17.00	

Week 4 Total: _____

Week 5 - Aug 2 - 6

Tues, Wed, Thurs	- Direct Energy Rink	\$/day	Tues.	Wed.	Thurs.
1:00-2:00	Senior Freeskate	19.00			
2:00-2:30	Spins / Footwork	9.00			
2:30-2:50	Stroking	8.00			
2:50-3:00	FLOOD				
3:00-4:00	Intermediate/Senior Freeskate <i>can be purchased as 2nd FS \$17</i>	19.00			
4:00-4:30	Intermediate/Senior Dance	9.00			
4:15-5:15	Off-Ice	-			
4:30-4:50	Intermediate/Senior Skills	6.00			
5:15-6:15	Off-Ice	-			

FRIDAY	on Direct Energy Rink	\$/day	Fri.
11:30-12:30	High Intermediate / Senior Freeskate	17.00	
12:30-12:50	Open Skills / Dance	6.00	
12:50-1:50	Junior / Low Intermediate Freeskate	17.00	

Evenings:

TUESDAY	on Scotiabank Rink	\$/day	Tues.
6:00-6:45pm	Junior Freeskate	13.00	
6:45-7:05pm	Open Skills/Dance	6.00	
7:05-7:50pm	Open	13.00	

WEDNESDAY	on Direct Energy Rink	\$/day	Wed.
6:00-6:20	Junior Skills	6.00	
6:20-6:50	Junior Dance	9.00	
6:50-7:50	Junior Freeskate	17.00	

THURSDAY	on Scotiabank Rink	\$/day	Thurs.
6:15-7:00	Junior Freeskate	13.00	
7:00-7:20	Open Skills/Dance	6.00	
7:20-8:05	Open	13.00	

Week 5 Total: _____

Week 6 - Aug 9 - 13

Tues, Wed, Thurs. - on Direct Energy Rink		\$/day	Tues.	Wed.	Thurs.
12:00-1:00	Senior Freeskate	19.00			
1:00-1:30	Spins / Footwork	9.00			
1:30-1:50	Stroking	8.00			
1:50-2:00	FLOOD				
2:00-3:00	Intermediate/Senior Freeskate	19.00			
3:00-3:30	Intermediate/Senior Dance	9.00			
3:15-4:15	Off-Ice	-			
3:30-3:50	Intermediate/Senior Skills	6.00			
4:15-5:15	Off-Ice	-			

FRIDAY	Ottawa Citizen Rink	\$/day	Fri.
12:00-1:00	High Intermediate / Senior Freeskate	17.00	
1:00-1:20	Open Skills / Dance	6.00	
1:20-2:20	Junior / Low Intermediate Freeskate	17.00	

Evenings:

TUES / THURS	on Ottawa Citizen	\$/day	Tues.	Thurs.
6:00-6:45	Junior Freeskate	13.00		
6:45-7:05	Open Skills / Dance	6.00		
7:05-7:50	Open	13.00		

WEDNESDAY	on Scotiabank Rink	\$/day	Wed.
6:00-6:20pm	Junior Skills	6.00	
6:20-6:50pm	Junior Dance	8.00	
6:50-7:50pm	Junior Freeskate	17.00	

Week 6 Total: _____

Week 7 - Aug 16 - 20

TUES / WED	Direct Energy Rink	\$/day	Tues.	Wed.
11:15-12:15	Senior Freeskate	19.00		
12:15-12:45	Spins / Footwork	9.00		
12:45-1:05	Stroking	8.00		
1:05-1:15	FLOOD			
1:15-2:15	Intermediate/Senior Freeskate	19.00		
2:15-2:45	Intermediate/Senior Dance	9.00		
2:30-3:30	Off-Ice	-		
2:45-3:05	Intermediate/Senior Skills	6.00		
3:30-4:30	Off-Ice	-		

THURSDAY	Ottawa Citizen Rink	\$/day	Thurs.
11:45-12:45	Senior Freeskate	19.00	
12:45-1:15	Spins / Footwork	9.00	
1:15-1:35	Stroking	8.00	
1:35-1:45	FLOOD		
1:45-2:45	Intermediate/Senior Freeskate	19.00	
2:45-3:15	Intermediate/Senior Dance	9.00	
3:15-4:15	Off-Ice	-	
3:15-3:35	Intermediate/Senior Skills	6.00	
4:15-5:15	Off-Ice	-	

FRIDAY	Ottawa Citizen Rink	\$/day	Fri.
12:00-1:00	High Intermediate / Senior Freeskate	17.00	
1:00-1:20	Open Skills / Dance	6.00	
1:20-2:20	Junior / Low Intermediate Freeskate	17.00	

Evenings:

TUESDAY	on Ottawa Citizen	\$/day	Tues.
5:00-5:45	Open	13.00	
5:45-6:05	Open Skills / Dance	6.00	
6:05-6:50	Junior Freeskate	13.00	

WEDNESDAY	on Ottawa Citizen		Wed.
5:00-5:20pm	Junior Skills	6.00	
5:20-5:50pm	Junior Dance	8.00	
5:50-6:50pm	Junior Freeskate	17.00	

Week 7 Total: _____

CIRCLE DESIRED DAYS

Week 1	July 5th - 9th	T W TH F	Week 1 Total _____
Week 2	July 12th - 16th	T W TH F	Week 2 Total _____
Week 3	July 19th - 23rd	T W TH F	Week 3 Total _____
Week 4	Jul 26th- 30th	T W TH F	Week 4 Total _____
Week 5	Aug 2nd - 6th	T W TH F	Week 5 Total _____
Week 6	Aug 9th - 13th	T W TH F	Week 6 Total _____
Week 7	Aug 16th - 20th	T W TH F	Week 7 Total _____
			SUMMER TOTAL _____

All personal and program information is required.

Name:	
Mailing Address:	
City:	P.C.
Home Phone:	
Email:	
DOB (mm/dd/yy):	
Emergency Contact:	
Emer. Contact phone#:	
Medical concerns/Allergies:	

Program level (circle): Junior Intermediate Senior
Skate Canada #:
Home Club:
Coach:
Last Badge/Level passed:
Last Freeskate test passed:
Last Skills test passed:
Last Dance test passed:

PAYMENTS:

Total	
If total more than \$350- less 5%	
If total more than \$700- less 10%	
If total more than \$900- less 15%	
Sub total	
Late fee: Add \$25	
Total Owed	
50 % Deposit due May 20th, 2010	
Balance Due: June 20, 2010	

NOTE:

- Cheques are to be made out to West Ottawa Summer Skate (WOSS)
- Please put the skater's name on your cheque.
- NSF cheques will be subject to a \$25 admin fee.
- No PA credits allowed.

RELEASE WAIVER

The Bell Sensplex reserves the right to take photographs of any activities taking place at its facilities for possible use in promotional materials. The following photo release waiver is required from all STARSkaters, to be signed by their parents/legal guardians.

The undersigned grant the Club and the Bell Sensplex the right to use any photographs taken of the applicant and/or family members, for display or promotional uses and waives any claim related to such use.

The applicant agrees that the West Ottawa Summer Skate, its sponsors, coaches & off-ice instructors will not be held responsible for any accident or loss, however caused & also agrees to release the aforementioned from all claims and /or damages which may arise from any such accident or loss.

Signature of parent/guardian:
